

## Certified Nursing Assistant (CNA) Program

CNA certification is required for entry into most nursing programs. Some medical schools recommend that pre-medicine students also work as CNAs prior to entering medical school. If you enjoy working with people, feel that you have a positive attitude, are dependable, kind, patient and could make a difference in the lives of others who have physical illness/disabilities, this may be the profession for you. Students participating in this academy are eligible for 22 concurrent enrollment credit hours from Metro Community College at no cost. The CNA Academy program includes courses in CPR, Community Emergency Response, Medical Terminology I & II, Employability Skills in Health Care, CNA/Long Term Care, and Clinicals. Tuition will be paid through DoDEA Project STEM Careers Grant. The program will be located at the BPS Career Launch Center.



Transportation to and from the student's high school will be provided.



## BPS Certified Nursing Assistant (CNA) Program



*Frank Kumor*  
**Career Center**

2812 Arboretum Drive  
Bellevue NE 68005

## Certified Nursing Assistant (CNA)

**Award:** Dual Enrollment Credit - MCC (22 credit hours per year) & high school credits (4 per year)

**Program Location:** Frank Kumor Career Center

**Course:** Certified Nursing Assistant

**Grades:** 11<sup>th</sup>, 12<sup>th</sup>

**Course Length:** 1 year, 4 credits

**Career Field:** Health Sciences

**Description:** The CNA Academy program focuses on preparing students for careers in the Health Science Fields and allows students to work closely with community health care providers to encourage growth, relevancy, and training in preparation for real-world work environments. This full-year program provides students with the skills, knowledge, and certification necessary for entry-level positions in health care settings. A certified nursing assistant is considered part of the interdisciplinary health care team and assists the registered nurse or practical nurse with providing nursing care to patients. Responsibilities include basic nursing tasks related to meeting physical needs and activities of daily living. In order to become state-certified, the student must take a state-approved program and pass a state-administered competency evaluation.



## Certified Nursing Assistant (CNA) 1A Block (11 Dual Credit Hours-1st Semester)

### HIMS 1120/HIMS 1130 – Medical Terminology I & II

**HIMS 1120** - This course assists students in establishing a solid foundation of medical terminology and abbreviations and introduces prefixes, suffixes, and word roots used in the language of medicine. The course emphasizes medical vocabulary as it applies to the anatomy, physiology, and pathology of the human body. Students study the functioning of the body systems, clinical/surgical procedures, and therapies and examine normal, pathological, clinical, and laboratory considerations in order to best prepare for entrance into the healthcare professions. The course also emphasizes correct spelling and pronunciation.

**HIMS 1130** - This course is a continuation of HIMS 1120. It presents additional body systems, specialty medical areas, clinical procedures, laboratory tests, medical terms, and abbreviations. Students study practical applications with case reports, operative and diagnostic tests, and laboratory and x-ray reports. The course also emphasizes correct spelling and pronunciation.

### EMSP 1000 – Cardiopulmonary Resuscitation for Healthcare Providers

This course will teach the student how to recognize and respond to life-threatening emergencies, such as cardiac arrest, respiratory arrest, and foreign-body airway obstruction (choking). The student will learn to recognize heart attack and stroke symptoms in adults and breathing difficulty in children. This course teaches the skills needed to respond to emergencies identified. The student will learn the skills of CPR for victims of all ages (including ventilation with barrier devices and bag-mask devices), use of an automated external defibrillator (AED), and relief of foreign-body airway obstruction (FBAO). (In Health Science I)

### EMSP 1010 – Heartsaver First Aid w/CPR & AED

This course teaches rescuers to effectively identify and treat adult emergencies in the critical first minutes of injury or illness until emergency medical service personnel arrive. The course provides basic training solutions for first aid, adult CPR, and automated external defibrillator. (In Health Science I)

### EMSP 1012 - Teen Cert

The community emergency response team for teens (Teen CERT) program educates students about disaster preparedness for the hazards that may impact their area

and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Teen CERT offers a consistent, nationwide approach that professional responders can rely on during disaster situations. Through Teen CERT the capabilities to prepare for, respond to and recover from disasters is built and enhanced

## Certified Nursing Assistant (CNA)

### 1A, 1B, 2A, 2B Block

(11 Dual Credit Hours-2nd Semester)

### HLTH 1200 – Long Term Care/Certified Nursing Assistant

The course meets the Nebraska Health and Human Services System training requirements for nursing assistant certification and employment in long-term care facilities. The course combines classroom lecture, laboratory application, and clinical experience for development of basic skills needed to care for the elderly. Course content focuses on teaching nursing assistants to provide safe, effective, and caring services to the elderly or chronically ill patients of any age in a long-term care facility. Students will learn 49 skills in regards to long-term care. The students will be checked off on all skills prior to their clinical experience. The clinical experience will include three eight hour shifts for three days in a long-term care facility. Upon successful completion of the clinicals, students will then take the state certified test to earn their CNA certification. Upon enrollment: Background Check and Student Liability Insurance Program fee is assessed to the student's account.

